HAZLETON AREA SCHOOL DISTRICT



DISTRICT UNIT/LESSON PLAN

**Teacher Name : Mrs. Sisock Subject : Health Start Date(s): 9/21 /15 Grade Level (s): 7**

 **Building : Valley**

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| **Unit Plan** |
| **Unit Title:** Understanding Personal Responsibility and Decision Making**Essential Questions:** What is responsibility?What is decision making?What are consequences?Are consequences always negative?How do you form a healthful habit?How do you change a harmful habit?Can you recognize the risks associated with your behavior?How do you avoid risks?What are the differences between minor and major decisions?What are the steps in the decision-making process?What do goals do for our psyche? What are the different types of goals?**Standards: PA Core Standards, PA Academic Standards/Anchors (based on subject)**10.2.9.D Analyze and apply a decision-making process to adolescence health and safety issues.10.5.9.F- Describe and apply game strategies to complex games and physical activitiesOffensive strategiesDefensive strategies **Summative Unit Assessment :**

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| **Summative Assessment Objective** | **Assessment Method (check one)** |
| Students will- assess the responsibilities they have and compare decisions made to the consequences of those decisions through the decision making process.  | \_\_\_\_ Rubric \_\_\_ Checklist \_X\_ Unit Test \_\_\_\_ Group\_\_\_\_ Student Self-Assessment \_\_\_\_ Other (explain) |

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| **DAILY PLAN** |
| **Day** | **Objective(s)** | **DOK LEVEL** | **Activities / Teaching Strategies**  | **Grouping** | **Materials / Resources** | **Assessment of Objective(s)** |
| 1 | Students will- compare their responsibilities and actions to the positive and negative consequences which can occur as a result of those responsibilities and actions. | 13 | Direct Instruction- Lecture of notes, Compare and contrastInteractive Instruction- (Small group) List of responsibilities and what lessons they teach us | SW | 40 Health BooksWhite BoardMini White boardsChapter 2 packetsPaperTimer | Formative- Observations, Questioning, Discussion, Think Pair ShareSummative- ParticipationStudent Self - Assessment-Discussion- small & whole group |
| 2 | Students will- break down the process of recognizing and managing habits. | 13 | Direct Instruction- Lecture of notes, Compare and contrastInteractive Instruction- (Small group) List of habits and determine how to change them  | SW | 40 Health BooksWhite BoardMini White boardsChapter 2 packetsPaperTimer | Formative- Observations, Questioning, Discussion, Think Pair ShareSummative- ParticipationStudent Self - Assessment-Discussion- small & whole group |
| 3 | Students will- examine habits to determine the type.Students will- simplify ways to avoid risks | 123 | Direct instruction- Lecture of notes, Compare and contrastInteractive Instruction- (Small group) Recognize risks to certain behaviors | SW | 40 Health BooksWhite BoardChapter 2 packetsPaperTimer | Formative- Observations, Questioning, Discussion, Think Pair ShareSummative- Participation Student Self - Assessment-Discussion -small & whole group  |
| 4 | Students will- uncover ways to make responsible decisions. | 123 | Direct Instruction- Lecture of notes, Compare and contrastInteractive Instruction- List of decisions made by students Independent Study- (Small group) Using decision making process to determine actions | ISW | 40 Health BooksWhite BoardChapter 2 packetsPaperTimer | Formative- Observations, Questioning, Discussion, Think Pair ShareSummative- ParticipationStudent Self - Assessment-Discussion- individual & small & whole group |
| 5 | Students will- compile a list of goals to achieve in life. | 3 | Direct Instruction- Lecture of notes, Compare and contrastInteractive Study- Creating Plan for a Thanksgiving Dinner | IW | 40 Health BooksWhite BoardChapter 2 packetsPaperNewspaper/Supermarket AdsCalculatorsTimer | Formative- Observations, Questioning, DiscussionSummative- ParticipationStudent Self - Assessment-Discussion- individual |
| 6 | Students will- formulate a plan for a thanksgiving dinner including a list of guests, food, and prices for under $50.  | 234 | Direct Instruction- Project DescriptionInteractive Study- Creating Plan for a Thanksgiving Dinner | I | 40 Health BooksWhite BoardChapter 2 packetsPaperNewspaper/Supermarket AdsCalculatorsTimer | Formative- Observations, QuestioningSummative- In-class assignment-(100 pts.)Student Self - Assessment-Discussion- individual |
| 7 | Students will- formulate a plan for a thanksgiving dinner including a list of guests, food, and prices for under $50.  | 234 | Direct Instruction- Project DescriptionInteractive Study- Creating Plan for a Thanksgiving Dinner | I | 40 Health BooksWhite BoardChapter 2 packetsPaperNewspaper/Supermarket AdsCalculatorsTimer | Formative- Observations, QuestioningSummative- In-class assignment-(100 pts.)Student Self - Assessment-Discussion- individual |
| 8 | Students will- test their knowledge of being responsible and making good decisions. | 1 | Independent Study- Creating a Wellness Contract | I | TestTimer | Formative- ObservationsSummative- Unit Test-(100 pts.)Student Self - Assessment-Discussion- Individual |